

Kimyasal Bileşimi	%	Total Amino Asit Bileşimi	g/100g
Protein	15.98	lysine	0.47
Yağ	60.51	histidine	0.74
Doymuş	4.76	arginine	1.69
Tekli doymamış	50.32	aspartic asit	1.58
Çoklu doymamış	5.43	threonine	0.46
Su	4.45	serine	0.58
Kül	2.23	glutamic asit	3.72
Karbonhidrat	16.83	proline	0.59
Şeker	3.58	glycine	0.97
Enerji (kcal)	672	alanina	0.67
		cysteine	0.45
Yağ Asitleri Bileşimi	%	valine	0.67
Myristic (C14:0)	0.03	methionine	-
Pentadecanoic (C15:00)	0.02	isoleucine	0.59
Palmitic (C16:0)	4.86	leucine	0.99
Margaric (C17:0)	0.04	tyrosine	0.43
Heptadecenoic (C17:1)	0.07	phenylalanine	0.79
Stearic (C18:0)	2.74	asparagine	-
Oleic (C18:1w 9)	82.72	glutamine	-
Linoleic (C18:2w 6)	8.89	glycerophosphoethanolamine	-
Linolenic (C18:3w 3)	0.10	tryptophan	0.03
Arachidic (C20:0)	0.14		
Gadoleic (C20:1w 9)	0.16		
Behenic (C22:0)	0.03	Şeker Bileşimi	g/100g
Erucic (C22:1w9)	0.03	Fructose	0.142
Lignoceric (C24:0)	0.01	Glucose	0.111
Nervonic (C24:1w 9)	0.02	Sucrose	2.667
palmitoleic (C16:1)	0.16	Myo-inositol	0.041
		Raffinose	0.135
Mineral Bileşimi	(mg/100g)	Stachyose	0.481
Aluminyum (Al)	5.023	Toplam	3.576
Cadmium (Cd)	0.011		
Calcium (Ca)	193.4		
Chromium (Cr)	0.003	Organik Asit Bileşimi	g/100g
Cobalt (Co)	0.220	Oxalic	0.06
Copper (Cu)	1.603	Citric	0.70
Iron (Fe)	4.967	Malic	3.86
Lead (Pb)	0.030	Lactic	0.43
Manganese (Mn)	3.293	Acetic	0.12
Magnesium (Mg)	176.5	Ascorbic	0.00
Nickel (Ni)	1.247	Toplam	5.17
Phosphorus (P)	355.7		
Potassium (K)	761.0		
Silver (Ag)	0.005	Fitosterol Bileşimi	mg/100g oil
Sodium (Na)	3.133	Cholesterol	0.00
Vanadium (V)	0.077	Campesterol	7.15
Zinc (Zn)	1.940	Stigmasterol	0.89
		b-Sitosterol	105.48

Vitaminler	(mg/100g)	Toplam	113.52
Vitamin E	33.9		
Thiamin (B1)	0.3		
Riboflavin (B2)	0.1		
Pyridoxine(B6)	0.3		
Niacin	1.8		